

PARTNERS

The project involves a strategic partnership of 6 European organisations, namely Diakonisches Werk Berlin Stadtmitte e.V. (DE), Care Alliance Ireland (IE), Anziani e non solo (IT), Carers Trust (UK), Austrian Red Cross (AT) and IPS Versari Macrelli (IT).

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For more information about the project and to subscribe to our newsletter visit the project website WWW.EP-YC.ORG

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EPYC
Empowering
Professionals to support Young Carers



www.ep-yc.org

HASHTAG: #EPYCPROJECT

THE PROJECT

Young carers can be defined as children, teenager and young adults who provide assistance or support to another family member or friend who is disabled, has an illness, mental health problem or addiction problem or other Condition connected with a need for care, support or supervision.

The European project “EPYC – Empowering Professionals to support Young Carers” aims to support professionals in their tasks of identifying young carers, assessing their situation and to developing effective action plans.

The EPYC project will target professionals working with young carers directly or indirectly in Austria, Germany, Ireland, Italy and Scotland and will develop a set of tools and interventions to support young carers. These tools may include awareness raising materials to allow improved identification of young carers, measure the level and impact of their care burden, and develop action plans to address issues negatively affecting them.

Each partner country will test their tool that aims to improve identification and support for young carers through a partner organisation. Depending on the local context and needs, supported young carer advisory groups will be built into the development of each country's tool. These test projects will form the basis for the development of practical guidelines to support young carers.

In the course of the project, interim expected results include increased capacity of organisations to identify young carers; increased knowledge or successful experiences and practices from other European countries and increased awareness of the challenges faced by young carers in the different local contexts involved directly or indirectly in project activities.

The eventual desired outcome is improved professional expertise in this field by having the knowledge to develop support services for young carers while cooperating with relevant sectors in education, health and social care services and carer support.

OUTPUTS

*** DURING THE PROJECT, THE FOLLOWING OUTPUTS WILL BE DELIVERED:**

1. Awareness Raising Resources. A set of awareness raising tools will be developed (such as templates for leaflets, successful slogans, communication campaigns, etc.) for teachers, youth workers, healthcare professionals and other practitioners working with young people, to help them to identify young carers and to educate the wider community on the issues young carers experience .

2. Tools to assess the care burden and the impact of caring on the daily life of young carers and to support their empowerment process. A tool for professionals aimed at identifying and supporting young carers will be developed.

3. Guidance report based on pilot projects to support young carers. A guidance report summarising the piloting experiences of the partners establishing a local young carer support project/initiative in each country will be published.

It will include recommendations for actions on how to establish practical (peer) support for young carers.

The aim is to put the tools created in Outputs 1 and 2 into practice by cooperating with youth professionals/ organisations.

