

# INTELLECTUAL OUTPUT 2 – Assessment & Support Tools

Cesena, 06.03.2017



Empowering  
professionals to support Young carers



*Aus Liebe zum Menschen.*



**ÖSTERREICHISCHES ROTES KREUZ**

# Assessment

	Name Dropbox	Submitting organisation	Country	Name of resource	Author details	Format - key words	Who is the target group?	Which professional category uses the resource?	In which setting is the resource used?	What is the main purpose of the resource?	Which topics or areas of the YC situation are addressed?
assessment, initial	SC1	Carers Trust Scotland	Scotland	Initial Assessment - West Lothian YC	Carers of West Lothian - approved to share	Scales, questionnaire, self-reflection	Young carers	Young carers services	1 to 1 introduction meetings	Introduction and information gathering about the young carer and their caring situation	Holistic assessment
assessment, change	SC2	Carers Trust Scotland	Scotland - some international use	My Star' and 'Family Star'	Children 1st - Midlothian Young Carers Service, Triangle Consulting Social Enterprise - yes copyright clearance requirement and require a licence to use	Outcome focussed self-evaluation tool	Adults and young people	Many - but in this context young carers services	1 to 1 review meetings	It is a tool for supporting and measuring change when working with people	Holistic assessment
assessment, needs	SC10	Carers Trust Scotland	UK	Common Assessment Framework	UK Government - copyright UK Government	Assessment tools	Children and young people	Youth professionals	1 to 1 meetings	Holistic assessment of the young person's support needs	Holistic assessment
Assessment, family	DE1	DWBS	Germany/ Austria	Familienbrett/ familyboard	Developped in the 1978 by Kurt Ludwig, adapted in many ways since then	communication aid	YC children, YC adolescents, whole family	Psychotherapists, Familytherapists, Counseling	Therapeutical settings	Getting an idea of family structures, role models, views on the family by different family members	Expression of feelings, communication
assessment, school	DE2	DWBS	Germany	Fragebogen für Lehrer/ Questionnaire for teachers	Benjamin Salzman, adapted version of assessment for teachers by Becker et al.?	Information and assessment	teachers/ school social workers	teachers/ school social workers	not proved and tested	identification of young carers at school	possible signs of caring responsibility



Aus Liebe zum Menschen.

ÖSTERREICHISCHES ROTES KREUZ

# Care burden, Impact of support

	Name Dropbox	Submitting organisation	Country	Name of resource	Author details	Format - key words	Who is the target group?	Which professional category uses the resource?	In which setting is the resource used?	What is the main purpose of the resource?	Which topics or areas of the YC situation are
care burden	IT1	Anziani e non solo soc.coop.	IT - UK - IR	MACA YC-18	Joseph, S., Becker, S., Becker, F. & Regel, S. (2009). - YES - We granted it for the use in Italy - for other countries we shall ask	Multidimensional Assessment of Caring Activities Checklist	YC children to young adults (validated on age range 6.5 / 22)	Teachers, health-care workers, social workers, youth workers	Any setting - screening	Screening / assessment of care burden (cut-off 15+ as high burden)	Objective care burden (it doesn't measure the stress or the impact but only the amount and frequency of caring tasks)
care burden, impact of support	SC5	Carers Trust Scotland	UK - some international use	MACA YC-18: Multidimensional Assessment of Caring Activities and PANOC YC-20: Positive and Negative Outcomes of	Angus Young Carers Project, Stephen Joseph, Fiona Becker and Saul Becker - Printed by Carers Trust in association with Young Carers International	Questionnaire, scale, self-reflection	Young and young adult carers	Youth professionals - used often by young and young adult carer services	1 to 1 meetings	The instruments can be used on a one-off basis for the purpose of assessment, or pre- and post-intervention to measure change and the impact of support.	Impact of care burden and impact of support provided
care burden	AU3	Austrian Red Cross	UK	Educational Board Game	Choices Education UK	Educational Board Game	children and teenagers, Young and young adult carers	teachers, support services, youth workers	school, youth groups	The objective of the game is to encourage interaction and discussion about the role of the young carers and how this responsibility affects their daily activities and interaction with school friends. Because the subject matter is the focus point rather than the individual, it is educational without being confrontational. The knowledge gained during this activity provides the basis for care and consideration from others rather than a reaction of bullying based on ignorance.	the role of the young carers and how this responsibility affects their daily activities and interaction with school friends.

Aus Liebe zum Menschen.



ÖSTERREICHISCHES ROTES KREUZ

# Education

	Name Dropbox	Submitting organisation	Country	Name of resource	Author details	Format - key words	Who is the target group?	Which professional category uses the resource?	In which setting is the resource used?	What is the main purpose of the resource?	Which topics or areas of the YC situation are
education	IT 2	Anziani e non solo soc.coop. / Istituto Versari Macrelli	IT - CESENA	PIANO DIDATTICO PERSONALIZZATO (individualised didactic plan)	ISTITUTO VERSARI MACRELLI	Assessment of the impact of caring on education	YC 14-19 yo (students of Versari Macrelli)	Teachers	School	Assessing the impact of caring on the student and its educational attainment and developing support measures	Education
education	IE 1	Care Alliance Ireland	Ireland	Look Again Think Again - school pack (p30)	Cross Care- permission granted	survey, assessment	YC adolescents	teacher, school care team, youth work leader	school, youth group	data collection, identification of YC, assessment of care burden, assessment of supports	educational impact of young carer support intervention
education	IE 1	Care Alliance Ireland	Ireland	Look Again Think Again - school pack (p33)	Cross Care- permission granted	survey, assessment	YC adolescents	teacher, school care team, youth work leader	school, youth group	data collection, identification of YC, assessment of care burden, assessment of supports	educational impact of young carer support intervention



*Aus Liebe zum Menschen.*

**ÖSTERREICHISCHES ROTES KREUZ**

# Empowering, support

	Name Dropbox	Submitting organisation	Country	Name of resource	Author details	Format - key words	Who is the target group?	Which professional category uses the resource?	In which setting is the resource used?	What is the main purpose of the resource?	Which topics or areas of the YC situation are
Empowering, support	5 c 12	Carers Trust Scotland	UK	My Life Now Wheel	Carers Trust, approved to share. Copyright Carers Trust	Individual Assessment and Planning Tool for Young Carers	Young and young adult carers	Young carers services - youth professionals	1 to 1 meetings - can be used in a range of settings also	Empowering the young person, enabling them to identify and make informed choices.	Aspirations and support

*Aus Liebe zum Menschen.*



**ÖSTERREICHISCHES ROTES KREUZ**

# Personal Outcomes

	Name Dropbox	Submitting organisation	Country	Name of resource	Author details	Format - key words	Who is the target group?	Which professional category uses the resource?	In which setting is the resource used?	What is the main purpose of the resource?	Which topics or areas of the YC situation are
personal outcomes	SC11	Carers Trust Scotland	Scotland	Talking Points	Joint Improvement Team (JIT) - Scottish Government. Copyright: JIT	Planning framework, interview basis	All service users/people with support needs.	Social work and youth professionals	1 to 1 meetings	Establishing outcomes using a conversational approach	Personal outcomes

*Aus Liebe zum Menschen.*



**ÖSTERREICHISCHES ROTES KREUZ**

# W e l l b e i n g

	Name Dropbox	Submitting organisation	Country	Name of resource	Author details	Format - key words	Who is the target group?	Which professional category uses the resource?	In which setting is the resource used?	What is the main purpose of the resource?	Which topics or areas of the YC situation are
wellbeing, motivational sense	5c3	Carers Trust Scotland	Glasgow - Scotland	Glasgow Motivational and Wellbeing Profile (GMWP)	Glasgow Association for Mental Health (GAMH), Glasgow Educational Psychological Services -	Questionnaire	Children and young people	Mental health services	1 to 1 meetings	To measure young people's motivational and sense of wellbeing	Wellbeing
wellbeing	5c4	Carers Trust Scotland	Scotland	My Life in Scotland	Children's Parliament - not launched yet. Copyright - Children's Parliament	Survey tool	Children and young people	Not currently launched - aimed at local authority youth and education services	Tool not currently in use	Brings the voice of children and young people to our understanding of their wellbeing	Wellbeing
wellbeing	5c6	Carers Trust Scotland	Edinburgh - Scotland	Footprint	Edinburgh Young Carers Project, Saul Becker - adapted by Edinburgh Young Carers - approved to share	Interview tools	Young carers	Youth workers	1 to 1 meetings - can be used in a range of settings also	Assessment and to flag up any GIRFEC concerns	Wellbeing and holistic approach
wellbeing, wheel	5c7	Carers Trust Scotland	Scotland	Getting it right for every child (GIRFEC) - Wellbeing Wheel	Sense Scotland, Scottish Government - copyright Scottish Government	Wellbeing map	Children and young people	Most youth professionals across Scotland	Most youth settings - national youth strategy in Scotland	The wellbeing indicators are used in a number of ways. They can be used to structure the recording of routine information about a child or young person, under whichever headings are appropriate, to record their progress in universal services. This will allow relevant information to be shared more easily.	The eight indicators in the wellbeing wheel are areas in which children and young people need to progress in order to do well now and in the future. They allow practitioners to structure information (which may identify needs and concerns), and to plan. They are used to record observations, events and concerns and when putting together a child's plan. The
wellbeing, impact	5c8	Carers Trust Scotland	Sutherland - Scotland	YC assessment form - TYKES YC	TYKES Young Carers Project approved to share	Questionnaire	Young and young adult carers	Young carers services	1 to 1 review meetings	Assessment of young carers needs and impact of caring responsibilities	Wellbeing and holistic approach
wellbeing, impact	5c9	Carers Trust Scotland	Stirling - Scotland	Young Carers Personal Review	Stirling Carers Centre - approved to share	Questionnaire, scale, self-reflection	Young and young adult carers	Young carers services	1 to 1 review meetings	Assessment of young carers needs, impact of support received, their personal aspirations and the impact of caring responsibilities	Wellbeing and holistic approach
wellbeing, impact	DE3	DWBS	Germany	Assessment ambulante Pflege/ Assessment Home Care	Anna Böckers, content of master thesis	questionnaire for anamnesis of the young carers situation at home	young carers and family	health care services	not proved and tested	assessing home situation need for support of young carer	well being, actual care, need for support
wellbeing	DE4	DWBS	Germany	KIDSCREEN questionnaires	The KIDSCREEN Group Europe. (2006). The KIDSCREEN Questionnaires - Quality of life questionnaires for children and adolescents. Handbook. Lengerich: Pabst Science	Self-assessment	young carers and parents	professionals in counseling setting/ health care/ therapists	part of a research project questionnaires are currently used to collect data. Could be used as assessment tool in	assessing health status of young carers/ parents	health/ burden/ stress/ well being
wellbeing, anxiety	IT3	ANS	Italy	SAFA - Scale Psichiatriche di autosomministrazione per fanciulli e adolescenti (Self-administration Psichiatric Scales for Children and Adolescents)	N/A (copyright protected)	Multidimensional Assessment of psychological state	Children and Adolescents (8-18 years)	Health-care professionals	Health-care services: Childhood and Adolescents Neuropsychiatry, psychologists' private practice..	Screening / assessment of psychological disorders such as anxiety, depression, somatic symptoms...	Well-being
wellbeing, anxiety	IT4	ANS	Italy, North America, Singapore, Pakistan	RCMAS-2 Revised Children's Manifest Anxiety Scale	N/A (copyright protected)	Questionnaire	Children and Adolescents (6-19 years)	Health-care professionals	Health-care services and schools.	Screening /assessment of anxiety disorders	Well-being
wellbeing, coping	IT5	ANS	Italy, United Kingdom, Canada, USA, Germany, Poland, Iceland.	CSS - Coping Inventory For Stressful Situations	N/A (copyright protected)	Multidimensional Assessment of Coping Strategies	Adolescents (16-18 years), Adults (19-80 years)	Health-care professionals	Health-care services and schools.	Screening /assessment of different aspects of coping strategies used to face stressful situations	Well-being
wellbeing, anxiety	IT6	ANS	Italy	Q-Pad Questionario per la valutazione della psicopatologia in adolescenza (Psychopathological evaluation in adolescence)	N/A (copyright protected)	Questionnaire	Adolescents (14-19 years)	Health-care professionals	Health-care services, schools and youth communities.	Screening / assessment of psychological disorders such as anxiety, depression, body displeasure, substance abuse and general well-being (interpersonal conflicts, family problems, uncertainty about the future, psychosocial risk)	Well-being



Aus Liebe zum Menschen.

ÖSTERREICHISCHES ROTES KREUZ